

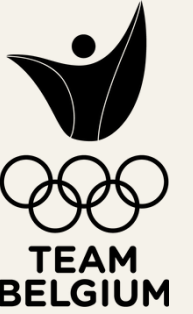
CONNECTING THE DOTS WITH VARIOUS SUPPORT INITIATIVES

THE HOLISTIC ATHLETIC CAREER MODEL:
INITIATIVES AROUND YOUTH AND
INFLUENCE OF THE ENTOURAGE.



Equiforum Belgium 24. 21 February 2024

HOLISTIC ATHLETIC CAREER MODEL



SOURCE: WYLLEMAN, P. (2019)

Athletic development	Initiation	Development	Mastery	Discontinuation
Psychological development	School-child	Puberty	Adolescence	Adult
Psycho-social development	Parents Siblings Peers	Peers Coach Parents	Partner - Young family Coach - Support staff Teammates - Students	Family (Coach) Peers
Academic/vocational development	Primary education	Secondary education	(Semi-) prof. athlete Higher education (Semi-) prof. athlete	Post-athletic career
Financial development	Family	Family NGB	NGB/NOC Sponsor	Family Employer
Legal development	Minor		Adult (of age)	

EXAMPLES OF EXISTING SUPPORT INITIATIVES

Athletic development

COMPETITIONS / TRAINING CAMPS

Selection, registration, transport, accommodation ...

→ (First) high performance experience ...

FEDERATION

Psychosocial Development

ENTOURAGE

Doctor, physio's, dietitian, sport psychologist ...

→ Find best fit

OWN NETWORK

Academical/vocational development

DUAL CAREER

Elite sports & study

Elite sports & employment

→ Find best fit

DUAL CAREER SUPPORT PROVIDERS

ROLES AND RESPONSIBILITIES



- Understand who is doing what
- Dare to ask → Experts 'know' each other
- Focus on complementarity
- There is no 'one-size-fits-all model'
- Roles can change

Dare to dream ...



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THANK YOU.

FOR MORE INFO,
VISIT WWW.TEAMBELGIUM.BE

